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WHAT IS CLAIMED IS:

- 1. A method for producing an intermediate product made of a fiberreinforced composite composed of a reinforcing fiber impregnated with a thermosetting resin or a thermoplastic resin, comprising: (a) the first process
- where a plurality of sheets made of said fiber-reinforced composite are laminated to each other, heated under a pressure, and cooled under a pressure to provide a flat plate-shaped laminate; (b) the second process where said flat plate-shaped laminate is cut into a plate; and (c) the third process where said plate is softened by heating, placed on a forming tool, and formed by cooling under a pressure.
 - 2. The method for producing an intermediate product according to claim 1, wherein said intermediate product is a semi-hardened product having a hardening degree of 1 to 50 %, said fiber-reinforced composite being composed of a reinforcing fiber impregnated with a thermosetting resin.